



Standard Triple P Session 2 Summary



Use this as a guide and as a record of what you covered in the session. Indicate with a tick if the item was covered. Leave blank if the item was omitted.

Client number: Date of session:

Start time: Finish time:

Content Checklist

01. Agenda _____

- Provide an overview of the session (outline proposed session goals and gain consent from the parent/s)
 - Interview with the child (if appropriate)
 - Brief update and review of homework
 - Observation of parent–child interaction
 - Feedback of assessment results and summary of main areas of concern
 - Causes of child behavior problems
 - Goals for change
 - Intervention negotiation

02. Interviewing the Child _____

- Ask about the presenting problem
- Check if there are any associated problems
- Talk about social and peer relationships
- Check for any school issues
- Complete a mental status examination
- Provide a summary and thank the child

03. Review _____

- Obtain a brief update (current family situation, information not covered in previous session)
- Review homework (monitoring, reading/viewing and workbook exercises)

04. Observation of Parent–Child Interaction _____

- Set up an observation of parent–child interaction
- Exercise 1: Interacting with your family
- Thank the parent/s and child (debrief at completion of observation task)

05. Feedback of Assessment Results _____

- Formulate hypotheses
- Set the child up with an activity
- Explain the feedback process
- Exercise 2: Sharing assessment findings
- Discuss the data from each information source (interview, questionnaires, monitoring, observation) and keep a record of the baseline rates of the problem behavior/s.
- Provide an integrating summary



Standard Triple P Session 2 Summary



06. Causes of Child Behavior Problems

- Outline the purpose of discussing causes of child behavior problems
- Introduce causes of child behavior problems
- Exercise 3: Identifying causes of child behavior problems
- Share your own observations (if necessary)
- Ask the parent/s for any additional factors not listed
- Provide an integrating summary

07. Goals for Change

- Exercise 4: What skills should we encourage in children?
- Exercise 5: Setting goals for change (note the parent/s' goals)

.....

.....

.....

08. Intervention Negotiation

- Introduce the format of Standard Triple P
- Negotiate an intervention plan

09. Session Close

- Review the session
- Explain homework tasks
 - Monitor the target child behavior/s
 - Read Session 3 in *Every Parent's Family Workbook* (and, if available, watch *Every Parent's Survival Guide* Part 1: What is Positive Parenting? and Part 3: Promoting Children's Development) and make a start on the exercises
- Schedule the next appointment (prompt the parent/s to leave their child with carers for the next session)
- Close the session (outline the content of the next session and thank the parent/s and child for attending)

Session Notes

.....

.....

.....

.....

Additional Agenda Items (note any additional content or major deviation from the set program)

.....

.....

.....

.....



Standard Triple P Session 2 Summary



Homework Tasks

.....

.....

.....

.....

.....

.....

.....

.....

.....

Signed: Date completed: