



Primary Care Triple P Session 4 Summary



Use this as a guide and as a record of what you covered in the session. Indicate with a tick if the item was covered. Leave blank if the item was omitted.

Client number: Date of session:

Start time: Finish time:

Content Checklist

01. Agenda

(outline proposed session goals and gain consent from the parent/s)

- Review of monitoring
- Review of implementation of parenting plan/s and fine-tuning where necessary
- Review of progress
- Maintenance of progress made
- Additional agenda items
- Completion of post-intervention assessment forms

02. Update on Progress

- Review monitoring of the target behavior/s (try to link changes in child behavior to changes in parenting strategies used)
- Review implementation of the parenting plan/s and homework goals for practice

Ask what worked (at least two positive points):

.....

.....

.....

.....

Ask what the parent/s could have done differently:

.....

.....

.....

.....

- Fine-tune routines and rehearse specific skills as required
- Check for any obstacles to implementation of the parenting plan/s and develop a coping plan to overcome identified obstacles



Primary Care Triple P Session 4 Summary



- Ask the parent/s what improvements they have seen in their child's and their own behavior since starting the program (refer to goals set in Session 2 recorded on the *Goal Achievement Scale Worksheet/s* and note percentage success achieved)
- Ask the parent/s what further improvements they would like to see in their own and their child's behavior and prompt them to think about how to achieve these goals
- Discuss ways of maintaining progress made

03. Other Issues _____

- Discuss any other issues the parent/s want to cover (use minimal prompts to help the parent/s solve any problems):

.....

.....

.....

.....

04. Session Close _____

- Review the session
- Ask the parent/s to complete the *Parenting Experience Survey* and *Client Satisfaction Questionnaire*
- Discuss referral options as appropriate
- Congratulate and thank the parent/s for participating in Triple P

Session Notes

.....

.....

.....

.....

.....

Additional Agenda Items

.....

.....

.....

Signed: Date completed: