



Primary Care Triple P Session 2 Summary



Use this as a guide and as a record of what you covered in the session. Indicate with a tick if the item was covered. Leave blank if the item was omitted.

Client number: Date of session:

Start time: Finish time:

Content Checklist

01. Agenda _____

(outline proposed session goals and gain consent from the parent/s)

- Review assessment information
- Discuss causes of child behavior problems
- Develop specific goals for change (*Goal Achievement Scales*)
- Develop a parenting plan
- Homework tasks

02. Feedback of Assessment Results _____

- Check the problem is still current and explain the feedback process
- Discuss data from each type of assessment (interview, monitoring, observation)
- Provide an integrating summary
- Check the accuracy of your summary

03. Causes of Child Behavior Problems _____

- Outline the purpose of discussing causes of child behavior problems
- Ask the parent/s which factors they consider relevant to their child
- Prompt the parent/s to identify other causes
- Share your own observations if necessary
- Provide an integrating summary

04. Goals for Change _____

- Devise *Goal Achievement Scales*

05. Parenting Plan _____

- Introduce a parenting plan from a tip sheet, tailor a plan from a tip sheet for a similar problem or develop a plan using the *Planning Ahead* form
- Prompt the parent/s to transfer key steps onto a *Parenting Plan Checklist*
- Rehearse strategies as required

06. Session Close _____

- Review the main points covered in the session
- Explain homework tasks (continue to monitor target behavior/s; implement parenting plan and monitor on *Parenting Plan Checklist*, practice specific skills)
- Schedule the next appointment



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Session Notes

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Additional Agenda Items

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Homework Tasks

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Signed: Date completed:

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