



at NC Research Campus

Parenting - Empowerment - Community



Triple P Cabarrus Evaluation Manual LEVELS 4-5 Individual Delivery Format

Dear Cabarrus Triple P Provider,

Thank you for partnering with the Cabarrus Health Alliance to demonstrate the impactful work you will be doing with families in Cabarrus County. Evaluation activities are a required part of being a Cabarrus Triple P Provider. Data collection tools not only provide useful information to the provider and caregiver during the intervention but also are mandated by the NC Department of Public Health for funding purposes. CHA was purposeful in selecting only the minimal number of tools and shortened versions in order to minimize the time needed for evaluation efforts. Please refer to the Memorandum of Agreement for a description of the evaluation commitment for your agency. Please contact Kristin Boatright at kristinboatright@cabarrushealth.org or 704-920-1367 for questions regarding evaluation for Triple P Cabarrus or email TripleP@cabarrushealth.org.

Edited 11/15/15

300 Mooresville Road - Kannapolis, NC 28081 - 704.920.1000 www.cabarrushealth.org

Triple P Cabarrus Evaluation Manual
Cabarrus Health Alliance
LEVELS 4-5 INTERVENTIONS IN INDIVIDUAL DELIVERY FORMAT

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*Electronic version of the manual available at:

<http://www.cabarrushealth.org/268/Triple-P-Provider>

INSTRUCTIONS

DATA COLLECTION REQUIREMENTS

Providers are asked to:

1. Collect and submit completed evaluation packets to CHA (quarterly)
2. Complete a self-report via a link sent by email (quarterly)
3. Complete a voluntary survey from Duke Endowment Implementation Evaluation via email link (twice/year)

LEVEL 4-5 EVALUATION TOOLS

A completed level 4 or level 5 evaluation packet consists of:

1. Caregiver Contact Record
2. Parenting Scale (PRE) + Score Sheet
3. Parenting Scale (POST) + Score Sheet
4. Strengths and Difficulties Questionnaire* - (PRE) + Score Sheet
5. Strengths and Difficulties Questionnaire* - (POST) + Score Sheet
**or equivalent measure such as CBCL or ECBI*
6. Caregiver Satisfaction Questionnaire
7. Fidelity Session Checklists

Reach and Fidelity:

- **CAREGIVER CONTACT RECORD**
- **FIDELITY SESSION CHECKLISTS**

- Complete Caregiver Information
- Briefly document each session for fidelity purposes
- Complete Fidelity Session Checklists at each session

Caregiver Level Assessment:

- **PARENTING SCALE (PRE & POST)**

- PRE-INTERVENTION: Collect and score Parenting Scale
- POST-INTERVENTION: Collect and score Parenting Scale

Child Level Assessment (choose 1):

- **STRENGTHS & DIFFICULTIES QUESTIONNAIRE (PRE & POST)**

- SDQ: Free download at <http://www.sdqinfo.org/>

OR

- **CBCL: CHILD BEHAVIOR CHECKLIST (PRE & POST)**

- CBCL: Purchase from <http://www.aseba.org/>

OR

- **ECBI: EYBERG CHILD BEHAVIOR INVENTORY (PRE AND POST)**

- ECBI: Purchase from <http://www4.parinc.com/>

- PRE-INTERVENTION: Collect and score ONE child level assessment
- POST-INTERVENTION: Collect and score ONE child level assessment

Program Satisfaction:

- **CLIENT SATISFACTION QUESTIONNAIRE**

- POST-INTERVENTION: Collect Caregiver Satisfaction Questionnaire

SUBMISSION OF EVALUATION PACKETS

Due Dates

Completed level 4 or level 5 evaluation packets consist of 7 tools (CCR, PS-PRE, PS-POST, Child Pre-measure, Child Post-measure, CSQ, and Session Checklists) and must be submitted to Triple P Cabarrus for the corresponding reporting period on the following dates each year:

REPORTING PERIOD	DATA SUBMISSION DUE DATE
January 1-March 31	April 8
April 1 – June 30	July 8
July 1 – September 30	October 8
October 1 – December 31	January 8

1. Submission Due Date: **April 8** for interventions completed during **[January 1 – March 31]**
2. Submission Due Date: **July 8** for interventions completed during **[April 1 – June 30]**
3. Submission Due Date: **October 8** for interventions completed during **[July 1 – September 30]**
4. Submission Due Date: **January 8** for interventions completed during **[October 1 – December 31]**

NOTES:

- Submit all 7 data collection tools together once the caregiver has completed the entire intervention. The child and caregiver assessments should include the tool and scoring key.
- An email reminder will be sent to providers to submit evaluation packets for all caregivers who have completed the intervention during the corresponding reporting period.
- Providers may also choose to submit completed evaluation packets at any time prior to the submission deadline on an on-going basis if they prefer.
- Incomplete interventions only need to submit the Caregiver Contact Record.

Method for Submission

Option 1: Mail completed evaluation packets (CCR, CSQ (if applicable), and Session Checklists) using pre-paid envelopes provided by Cabarrus Health Alliance. Contact Kristin Boatright if you need additional pre-paid envelopes at kristin.boatright@cabarrushealth.org or 704-920-1367.

Mail to: TRIPLE P CABARRUS
Cabarrus Health Alliance
300 Mooresville Rd.
Kannapolis, NC 28081

Option 2: Scan evaluation packets (CCR, CSQ (if applicable), and Session Checklists) and email to Kristin Boatright at kristin.boatright@cabarrushealth.org.

Option 3: Contact Kristin Boatright at kristin.boatright@cabarrushealth.org or 704-920-1367 to arrange for evaluation packet pick-up.

Incentive Plan

Although evaluation activities are a part of the Triple P intervention and an agreement established upon training, CHA has the following incentive plan in place as an added measure to support and encourage our Triple P providers during the initial implementation phase. We recognize that evaluation incentives cannot be provided long-term; however, research demonstrates that incentives used during the start-up period encourage providers to immediately incorporate Triple P into their day to day work. This allows providers to experience first-hand the impact, thus increasing the likelihood for permanent use of the Triple P intervention. Incentives are dependent on grant funding availability and subject to change at any time.

Incentive Amount: \$100 Visa Card to the provider for first 2 families that receive the full level 4 or 5 intervention.

Requirements/Submission: Upon submission of the first 2 complete level 4 or level 5 evaluation packets (CCR, PS-PRE, PS-POST, Child Pre-measure, Child Post-measure, CSQ, and Session Checklists) to CHA, the provider will receive one \$100 Visa Card. Only 1 incentive per provider per level.

Circle: PRE
POST

PARENTING SCALE

Caregiver Name or Client ID: _____ Date: _____
Provider Name and Agency: _____
Triple P Intervention Level/Type (ex: Level 4 Standard or Group Teen): _____

Instructions:

At one time or another, all children misbehave or do things that could be harmful, that are “wrong”, or that parents don't like. Examples include: hitting someone, whining, throwing food, forgetting homework, not picking up toys, lying, having a tantrum, refusing to go to bed, wanting a cookie before dinner, running into the street, arguing back, coming home late. Parents have many different ways or styles of dealing with these types of problems. Below are items that describe some styles of parenting.

For each item, circle the number that best describes your style of parenting during the past 2 months with your child.

Sample Item

At meal time...

I let my child decide how much to eat. 1 2 3 4 5 6 7 I decide how much my child eats.

01. When my child misbehaves...

I do something right away. 1 2 3 4 5 6 7 I do something about it later.

02. Before I do something about a problem...

I give my child several reminders or warnings. 1 2 3 4 5 6 7 I use only one reminder or warning.

03. When I'm upset or under stress...

I am picky and on my child's back. 1 2 3 4 5 6 7 I am no more picky than usual.

04. When I tell my child not to do something...

I say very little. 1 2 3 4 5 6 7 I say a lot.

05. When my child pesters me...

I can ignore the pestering. 1 2 3 4 5 6 7 I can't ignore the pestering.

06. When my child misbehaves...

I usually get into a long argument with my child. 1 2 3 4 5 6 7 I don't get into an argument.

07. I threaten to do things that...

I am sure I can carry out. 1 2 3 4 5 6 7 I know I won't actually do.

08. I am the kind of parent that...

sets limits on what my child is allowed to do. 1 2 3 4 5 6 7 lets my child do whatever he or she wants.

09. When my child misbehaves...

I give my child a long lecture. 1 2 3 4 5 6 7 I keep my talks short and to the point.

10. When my child misbehaves...

I raise my voice or yell. 1 2 3 4 5 6 7 I speak to my child calmly.

11. If saying no doesn't work right away...

I take some other kind of action.	1 2 3 4 5 6 7	I keep talking and trying to get through to my child.
12. When I want my child to stop doing something... I firmly tell my child to stop.	1 2 3 4 5 6 7	I coax or beg my child to stop.
13. When my child is out of my sight... I often don't know what my child is doing.	1 2 3 4 5 6 7	I always have a good idea of what my child is doing.
14. After there's been a problem with my child... I often hold a grudge.	1 2 3 4 5 6 7	things get back to normal quickly.
15. When we're not at home... I handle my child the way I do at home.	1 2 3 4 5 6 7	I let my child get away with a lot more.
16. When my child does something I don't like... I do something about it every time it happens.	1 2 3 4 5 6 7	I often let it go.
17. When there's a problem with my child... things build up and I do things I don't mean to do.	1 2 3 4 5 6 7	things don't get out of hand.
18. When my child misbehaves, I spank, slap, grab, or hit my child... never or rarely.	1 2 3 4 5 6 7	most of the time.
19. When my child doesn't do what I ask... I often let it go or end up doing it myself.	1 2 3 4 5 6 7	I take some other action.
20. When I give a fair threat or warning... I often don't carry it out.	1 2 3 4 5 6 7	I always do what I said.
21. If saying "No" doesn't work... I take some other kind of action.	1 2 3 4 5 6 7	I offer my child something nice so he/she will behave.
22. When my child misbehaves... I handle it without getting upset.	1 2 3 4 5 6 7	I get so frustrated or angry that my child can see I'm upset.
23. When my child misbehaves... I make my child tell me why he/she did it.	1 2 3 4 5 6 7	I say "No" or take some other action.
24. If my child misbehaves and then acts sorry... I handle the problem like I usually would.	1 2 3 4 5 6 7	I let it go that time.
25. When my child misbehaves... I rarely use bad language or curse.	1 2 3 4 5 6 7	I almost always use bad language.
26. When I say my child can't do something...		

- | | | |
|---|---------------|--|
| I let my child do it anyway. | 1 2 3 4 5 6 7 | I stick to what I said. |
| 27. When I have to handle a problem...
I tell my child I am sorry about it. | 1 2 3 4 5 6 7 | I don't say I'm sorry. |
| 28. When my child does something I don't like, I insult
my child, say mean things, or call my child names...
never or rarely. | 1 2 3 4 5 6 7 | most of the time. |
| 29. If my child talks back or complains when I
handle a problem...
I ignore the complaining and stick to
what I said | 1 2 3 4 5 6 7 | I give my child a talk
about not complaining. |
| 30. If my child gets upset when I say "No"...
I back down and give in to my child. | 1 2 3 4 5 6 7 | I stick to what I said. |

Note. From "The Parenting Scale: A Measure of Dysfunctional Parenting in Discipline Situations," by D.S. Arnold, S.G. O'Leary, L.S. Wolff and M.M. Acker, 1993, *Psychological Assessment*, 5, p. 140. Copyright 1993 by the American Psychological Association, Inc. Adapted with permission.

Circle: PRE
POST

PARENTING SCALE

SCORING KEY
For provider use only.

Caregiver Name or Client ID: _____ Date: _____
 Provider Name and Agency: _____
 Triple P Intervention Level/Type (ex: Level 4 Standard or Group Teen): _____

Please submit the scoring key as part of the Level 4 or 5 evaluation packet to Triple P Cabarrus.

Instructions:

All 30 items are scored on a 7 point scale, with low scores indicating good parenting and high scores indicating dysfunctional parenting. There are three factors on the Parenting Scale: Laxness (LX), Over-reactivity (OR), and Hostility (HS). There are several items that are not on a factor (NF).

Items are listed below by factor and it is noted whether the “ideal” anchor is on the left (L) or the right-hand (R) side. **If the “ideal” anchor is on the left, the left anchor is scored 1. If the “ideal” anchor is on the right, scoring is reversed and the right anchor is scored 1 rather than 7.** For example, item 2 has a right anchor, so if the caregiver circled 6, it would be scored as 2. The total score is the sum of all items divided by 30. To achieve a factor score, sum the items in that factor and divide by the number of items in that factor.

*You may also use the scoring application from the Triple P Provider website.

The recommended clinical cut-off scores for the revised parenting scale are:

- Mothers: Laxness 3.6, Over-reactivity 4.0, Hostility 2.4; and Total Score 3.2.
- Fathers: Laxness 3.4, Over-reactivity 3.9, Hostility 3.5; and Total Score 3.2.

Sources: *The Parenting Scale (PS: Arnold, O’Leary, Wolff, & Acker, 1993); (Rhoades & O’Leary, 2007)*

ANCHOR

L = Score item by using the scale on instrument 1-7 from left to right

R = Score item by **reversing the scale** on instrument so that scale is 7-1 from left to right

Right Anchor Items: 2, 3, 6, 9, 10, 13, 14, 17, 19, 20, 23, 26, 27, 30

LAXNESS (LX)		
Item	Anchor	Score
12	L	___
16	L	___
19	R	___
21	L	___
30	R	___
LX Sum =		___
Factor Score =		___
(Sum ÷ 5)		

OVER-REACTIVITY (OR)		
Item	Anchor	Score
3	R	___
6	R	___
10	R	___
14	R	___
17	R	___
OR Sum =		___
Factor Score =		___
(Sum ÷ 5)		

HOSTILITY (HS)		
Item	Anchor	Score
18	L	___
25	L	___
28	L	___
HS Sum =		___
Factor Score =		___
(Sum ÷ 3)		

NO FACTOR (NF)		
Item	Anchor	Score
1	L	___
2	R	___
4	L	___
5	L	___
7	L	___
8	L	___
9	R	___
11	L	___
13	R	___
15	L	___
20	R	___
22	L	___
23	R	___
24	L	___
26	R	___
27	R	___
29	L	___
NF Sum =		___

TOTAL SCALE SCORE

Total of Sums (LX Sum + OR Sum + HS Sum + NF Sum) = _____

Total Scale Score = _____
(Total of Sums ÷ 30)

Strengths and Difficulties Questionnaire (SDQ)

Child Assessment Tool

1. Obtain a free download of the SDQ from:

English Versions:

[http://www.sdqinfo.org/py/sdqinfo/b3.py?language=Englishqz\(USA\)](http://www.sdqinfo.org/py/sdqinfo/b3.py?language=Englishqz(USA))

Spanish Versions:

<http://www.sdqinfo.org/py/sdqinfo/b3.py?language=Spanish>

Website View Below:

Single-sided version without impact supplement

- One-sided SDQ for teachers and parents of 4-10 year olds
- One-sided SDQ for teachers and parents of 11-17 year olds
- One-sided SDQ for parents or educators of 2-4 year olds
- One-sided self-rated SDQ for 11-17 year olds

PRE

Double-sided version with impact supplement

- P4-10 - SDQ and impact supplement for the parents of 4-10 year olds
- P11-17 - SDQ and impact supplement for the parents of 11-17 year olds
- P2-4 - SDQ and impact supplement for the parents of 2-4 year olds
- T4-10 - SDQ and impact supplement for the teachers of 4-10 year olds
- T11-17 - SDQ and impact supplement for the teachers of 11-17 year olds
- T2-4 - SDQ and impact supplement for the educators of 2-4 year olds
- S11-17 - SDQ and impact supplement for self-completion by 11-17 year olds

POST

Follow-up version (the default is to ask about 'clinic visits': email youthinmind@gmail.com for versions asking about other interventions)

- P4-10 FOLLOW-UP - SDQ, follow-up questions and impact supplement for the parents of 4-10 year olds
- P11-17 FOLLOW-UP - SDQ, follow-up questions and impact supplement for the parents of 11-17 year olds
- P2-4 FOLLOW-UP - SDQ, follow-up questions and impact supplement for the parents of 2-4 year olds
- T4-10 FOLLOW-UP - SDQ, follow-up questions and impact supplement for the teachers of 4-10 year olds
- T11-17 FOLLOW-UP - SDQ, follow-up questions and impact supplement for the teachers of 11-17 year olds
- T2-4 FOLLOW-UP - SDQ, follow-up questions and impact supplement for the educators of 2-4 year olds
- S11-17 FOLLOW-UP - SDQ, follow-up questions and impact supplement for self-completion by 11-17 year olds

2. Score using on-line application and submit scoring key

<http://www.sdqinfo.org/py/sdqinfo/c0.py>

Website View Below:

youthinmind

What is it?

Questionnaires etc.
View & Download

Scoring the SDQ

Uses

SDQ vs other Q's

Articles

Norms

Scoring the SDQ

- The fast SDQ scoring site for online scoring and report generation.
- Instructions in English for **scoring informant-rated** SDQs by hand. Instructions in many other languages are also available, accessed through the page for that [language](#).
- Instructions in English for **scoring self-rated** SDQs by hand. Instructions in many other languages are also available, accessed through the page for that [language](#).

Circle: PRE
POST

Strength and Difficulties Questionnaire SDQ

SCORING KEY
For provider use only.

Caregiver Name or Client ID: _____ Date: _____

Provider Name and Agency: _____

Triple P Intervention Level/Type (ex: Level 4 Standard or Group Teen): _____

Please submit the report generated by the scoring application or this scoring key as part of the Level 4 or 5 evaluation packet to Triple P Cabarrus.

Instructions:

Score each subscale and total difficulties using the on-line scoring application and submit a printed copy of the summary report or enter the scores manually using the table below.

The scoring application and ranges for interpretation of scores from the SDQ completed by the **parent** are available from: <http://www.sdqinfo.org/py/sdqinfo/c0.py>.

Parent completed SDQ Scores		Original three-band solution cut-points 4-17 year olds		
SCALE	SCORE ↓	Normal Range	Borderline Range	Abnormal Range
Total Difficulties:	_____	0 – 13	14 - 16	17 - 40
Emotional Symptoms:	_____	0 - 3	4	5 - 10
Conduct Problems:	_____	0 - 2	3	4 - 10
Hyperactivity:	_____	0 - 5	6	7 - 10
Peer Problems:	_____	0 - 2	3	4 - 10
Prosocial Behavior:	_____	6 - 10	5	0 – 4
Impact:	_____	0	1	2-10

TRIPLE P CABARRUS

CAREGIVER SATISFACTION QUESTIONNAIRE

Provider Name: _____ Triple P Level & Type: _____

Caregiver Name or Client ID: _____ Today's Date: _____

Relationship to Child: _____

INSTRUCTIONS

This questionnaire will help us to evaluate and continually improve the Triple P parenting program we offer. We are interested in your HONEST OPINIONS about the services you have received, whether they are positive or negative. Please answer all the questions by circling the response that best describes how you honestly feel.

1. How would you rate the quality of the Triple P parenting program you and your child received?

1 2 3 4 5 6 7
Poor Fair Good Excellent

2. Has the Triple P parenting program helped you to deal more effectively with your child's behavior?

1 2 3 4 5 6 7
No, it made things worse No, it hasn't helped much Yes, it has helped somewhat Yes, has helped a great deal

3. Has the Triple P parenting program helped you to deal more effectively with problems that arise in your family?

1 2 3 4 5 6 7
No, it made things worse No, it hasn't helped much Yes, it has helped somewhat Yes, has helped a great deal

4. If you were to seek help again, would you come back to Triple P parenting program?

1 2 3 4 5 6 7
No, definitely not No, I don't think so Yes, I think so Yes, definitely

5. In your opinion, how is your child's behavior at this point?

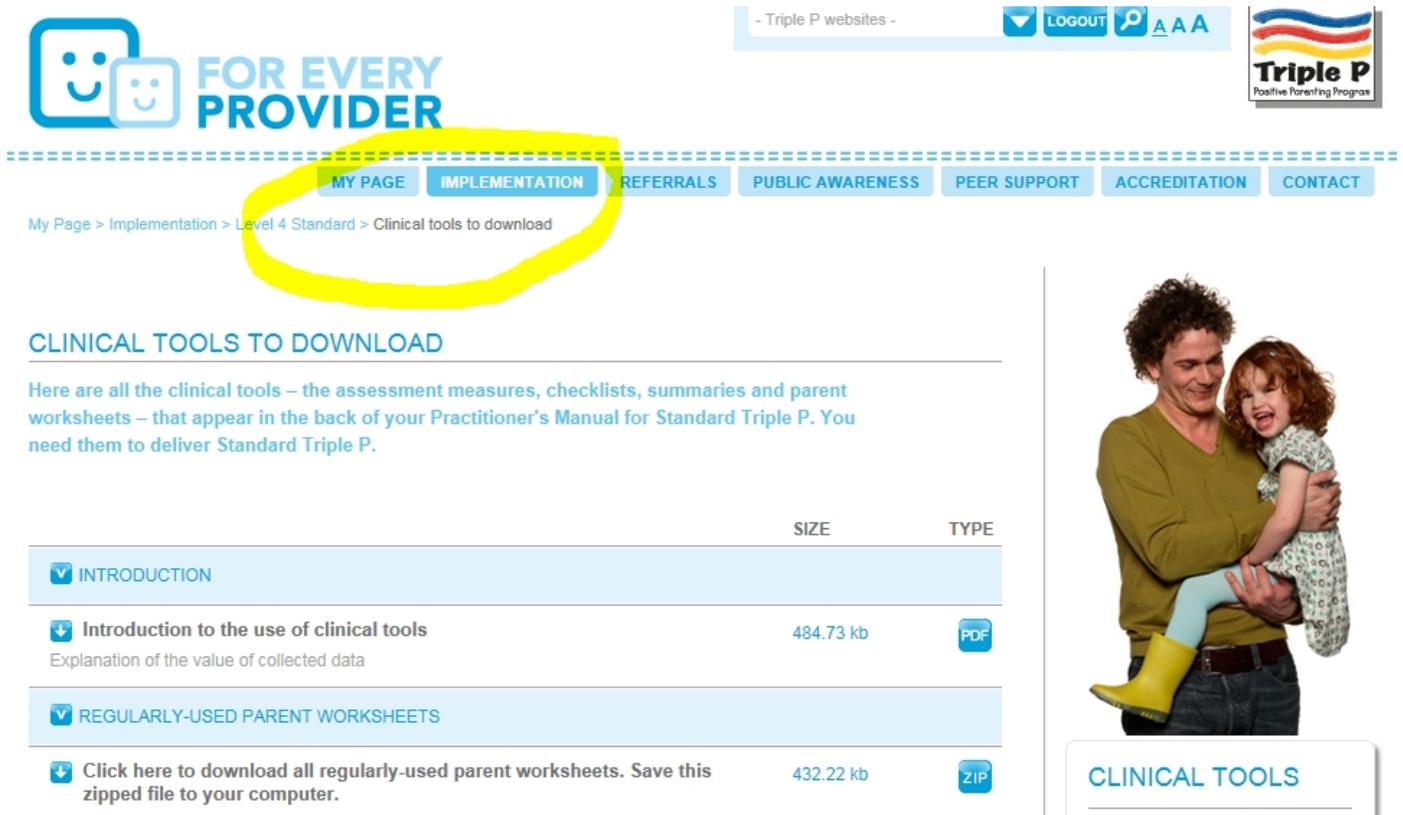
1 2 3 4 5 6 7
Considerably worse Worse Slightly worse The same Slightly improved Improved Greatly improved

6. Do you have any other comments about Triple P parenting program?

Return to Triple P Cabarrus:
Cabarrus Health Alliance
300 Mooresville Rd. Kannapolis, NC 28081

FIDELITY ADHERENCE SESSION CHECKLISTS

- Complete and turn in “Session Checklists” available from training practitioner handbook or on the Triple P provider network under implementation Tools



The screenshot shows the Triple P website interface. At the top left is the logo "FOR EVERY PROVIDER" with two smiley faces. To the right are navigation links: "Triple P websites", "LOGOUT", and "AAA". Further right is the Triple P logo with the text "Positive Parenting Program". Below this is a horizontal menu with items: "MY PAGE", "IMPLEMENTATION", "REFERRALS", "PUBLIC AWARENESS", "PEER SUPPORT", "ACCREDITATION", and "CONTACT". The "IMPLEMENTATION" item is circled in yellow. Below the menu is a breadcrumb trail: "My Page > Implementation > Level 4 Standard > Clinical tools to download". The main content area is titled "CLINICAL TOOLS TO DOWNLOAD" and contains a paragraph: "Here are all the clinical tools – the assessment measures, checklists, summaries and parent worksheets – that appear in the back of your Practitioner’s Manual for Standard Triple P. You need them to deliver Standard Triple P." Below this is a table with columns for "SIZE" and "TYPE". The table lists two categories: "INTRODUCTION" and "REGULARLY-USED PARENT WORKSHEETS". Under "INTRODUCTION" is a link for "Introduction to the use of clinical tools" (484.73 kb, PDF). Under "REGULARLY-USED PARENT WORKSHEETS" is a link for "Click here to download all regularly-used parent worksheets. Save this zipped file to your computer." (432.22 kb, ZIP). To the right of the table is a photograph of a man holding a young girl. Below the photo is a button labeled "CLINICAL TOOLS".

FOR EVERY PROVIDER

- Triple P websites - LOGOUT AAA

Triple P Positive Parenting Program

MY PAGE IMPLEMENTATION REFERRALS PUBLIC AWARENESS PEER SUPPORT ACCREDITATION CONTACT

My Page > Implementation > Level 4 Standard > Clinical tools to download

CLINICAL TOOLS TO DOWNLOAD

Here are all the clinical tools – the assessment measures, checklists, summaries and parent worksheets – that appear in the back of your Practitioner’s Manual for Standard Triple P. You need them to deliver Standard Triple P.

	SIZE	TYPE
<input checked="" type="checkbox"/> INTRODUCTION		
<input checked="" type="checkbox"/> Introduction to the use of clinical tools Explanation of the value of collected data	484.73 kb	PDF
<input checked="" type="checkbox"/> REGULARLY-USED PARENT WORKSHEETS		
<input checked="" type="checkbox"/> Click here to download all regularly-used parent worksheets. Save this zipped file to your computer.	432.22 kb	ZIP

CLINICAL TOOLS

- Tools also available at <http://www.cabarrushealth.org/268/Triple-P-Provider>