

The Elevate Program



The Elevate grant requires an annual assessment of the needs and resources of the community and population of focus. CHA Elevate collected data from the key informants to maintain an understanding of specific needs and resources, ensure efforts are targeted to those with greatest needs, and engage stakeholders in data collection and interpretation of findings.

Methods

- ◇ A survey was distributed to members of the Learning Collaborative (LC), a group of youth-serving professionals that holds regular meetings coordinated by Cabarrus Health Alliance (CHA).
- ◇ Survey topics included adolescent health, education, and extracurricular opportunities. Both quantitative and qualitative data were collected.

23 responses from LC members

Results

Top 3 concerns:

1. Social & emotional health (91%)
2. Exposure to drugs & alcohol (70%)
3. Peer pressure (61%)



- ◇ Those who reported **not** meeting needs noted the needs are unknown (lack of adolescent input/voice and outdated data) and lack of services, funding, staff, and connection between community and adolescents.

Adolescent Health

- ◇ Reported adolescent health concerns included social & emotional health (91%), exposure to drugs & alcohol (70%), peer pressure (61%), education quality (48%), and health & wellness (35%).
- ◇ Those who reported the community was meeting the needs of adolescents commented on the number and variety of resources.

Do you think your community

as a whole is meeting the needs of adolescents?

Yes: 13%

No: 70%

Unsure: 17%

Top 3 parent barriers:

1. Lack of time or availability (74%)
2. Lack of awareness of opportunities (74%)
3. Cultural or language barriers (78%)

Education

- ◇ Programs/initiatives to improve the school environment include social & emotional wellbeing support (100%), expanded extracurricular opportunities (70%), staff wellness programs (61%), and anti-bullying campaigns (48%).

Extracurricular Opportunities

- ◇ Extracurricular programs that would benefit adolescents include programs that support social & emotional wellbeing (96%), career & life skills training (91%), arts & creative activities (48%), and sports & fitness programs (48%)

Are there enough recreational or educational programs for adolescents?

Yes: 4%

No: 57%

Unsure: 39%

Key Takeaways

- ◇ Emphasis on social & emotional health concerns
- ◇ Ongoing need for additional funding and resources
- ◇ Challenges include limitations due to the social environment, lack of community connection to youth, & insufficient feedback/input from adolescents themselves

