

# Monthly Newsletter

August 2025



## Here's what has happened in the last month and what's to come!

Welcome to our 2025-2026 Youth Advisory Council (YAC) newsletter! We are thrilled to have you and are looking forward to a great year.

Firstly, we would like to thank everyone for attending orientation on August 20, 2025. It was a pleasure to get acquainted with parents/guardians and our members. Your support will ensure this year's council is a success!

During Orientation, we reviewed expectations, service-learning, and completed mandatory forms. These forms covered general consent, photo releases, communication channels, survey participation, monthly topic opt-outs, and parent/guardian information.

These monthly newsletters will be a space for parents/guardians to read about what happened at each meeting and what to expect going forward. We will also share any upcoming events/opportunities that your students can participate in.

If you ever have any questions, comments, or concerns, do not hesitate to reach out. Enjoy this month's newsletter!

Sincerely,

*your  
YAC team*

In this newsletter you can expect:

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Orientation  
Review

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CHA Website  
Navigation

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Adolescent  
Health Maps

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What's to Come

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Reminders

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Birthday  
Shoutouts

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# Cabarrus Health Alliance Website Navigation

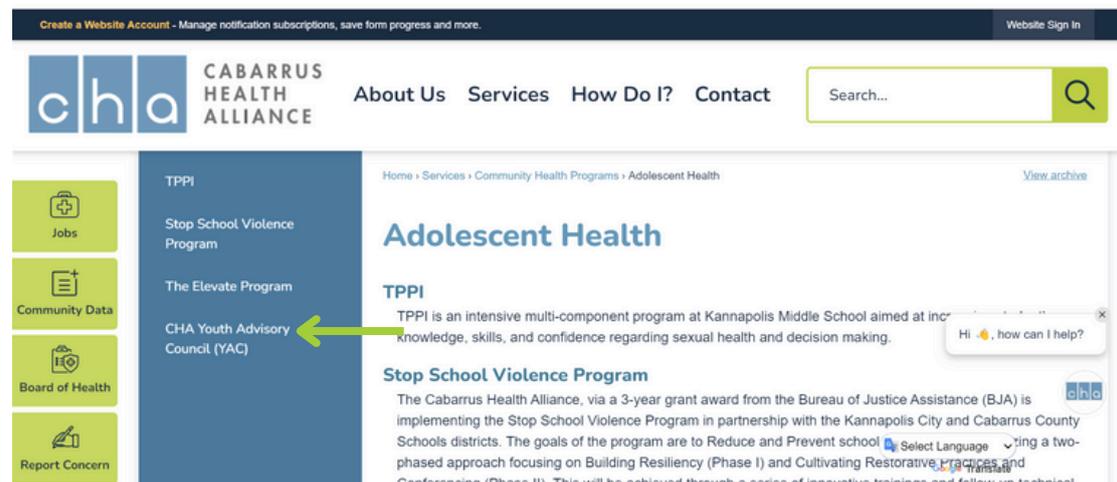
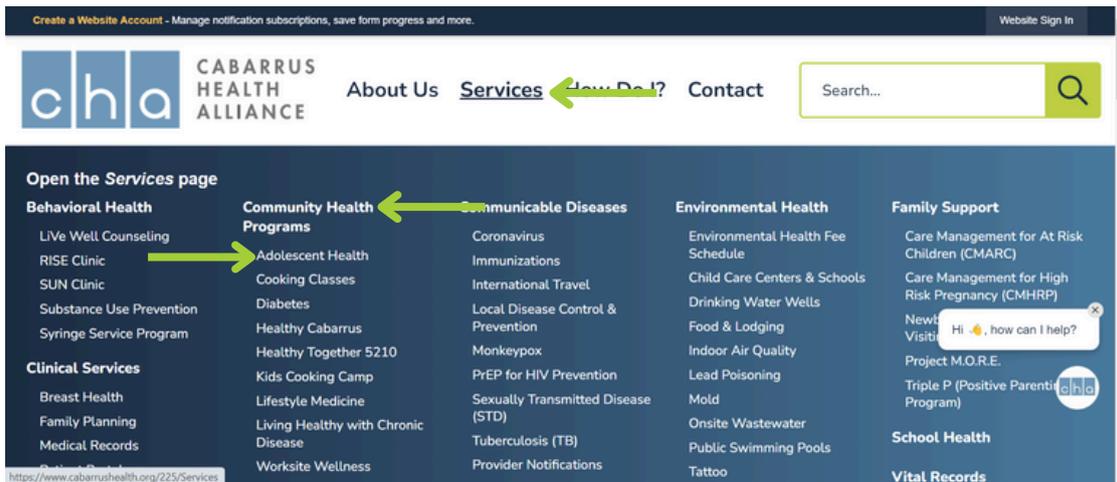
We wanted to share how you all can see other updates about this years' YAC on the Cabarrus Health Alliance website.

You can find the website by typing Cabarrus Health Alliance in your browser's search bar. You can also use this link: <https://www.cabarrushealth.org/>

From there, you will hover your mouse over 'Services' and under 'Community Health Programs' and click on 'Adolescent Health'.

You can then click on the Youth Advisory Council (YAC) tab in the side panel. The panel also has our other Adolescent Health grants that you can click on to get more information.

If you have any other questions please don't hesitate to reach out!





# Adolescent Health Maps



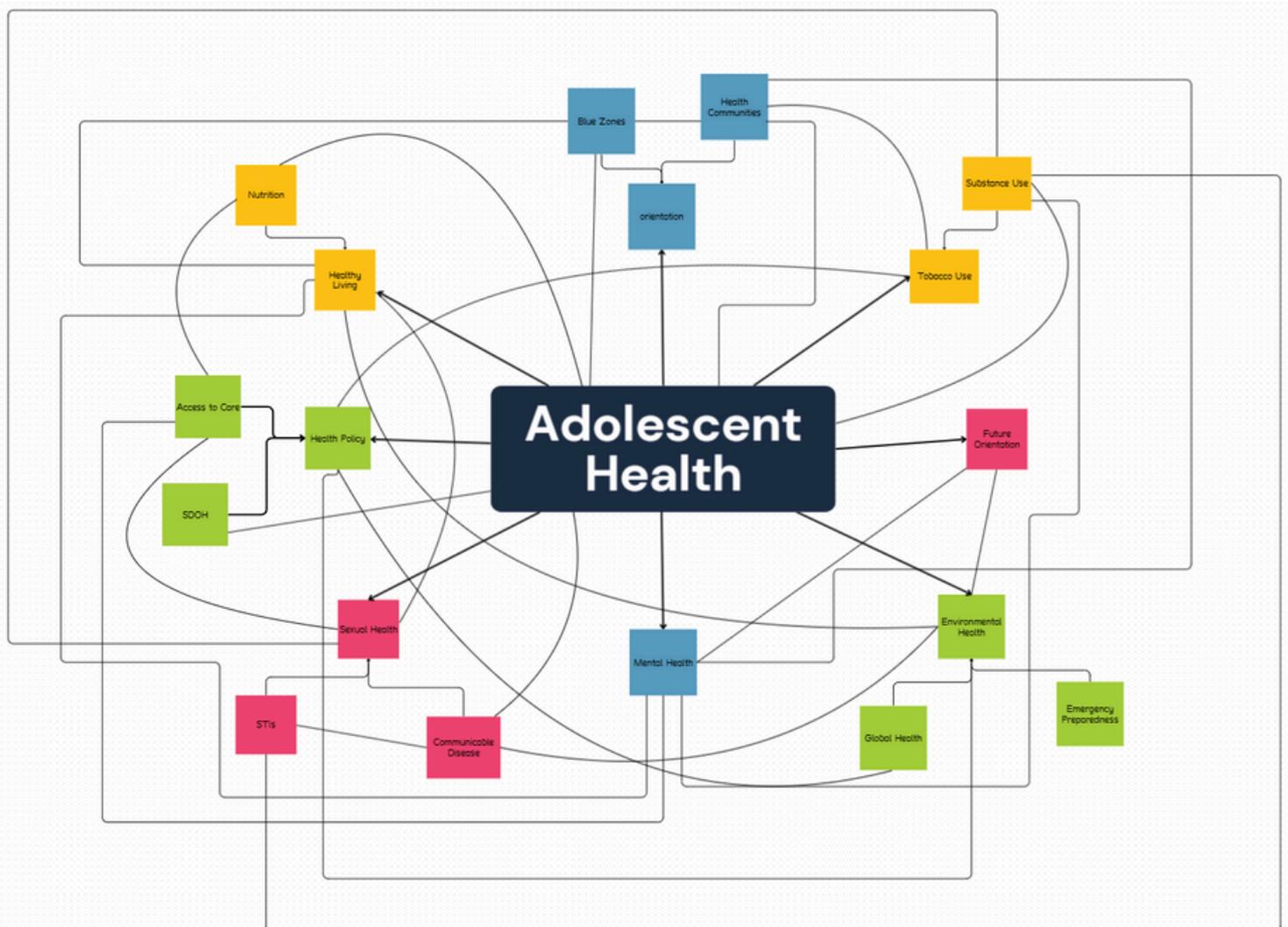
A. YAC Staff came up with general topics that will be used to inform the overarching themes for each month.

B. The YAC Members discussed topics that are most relevant to their experiences.

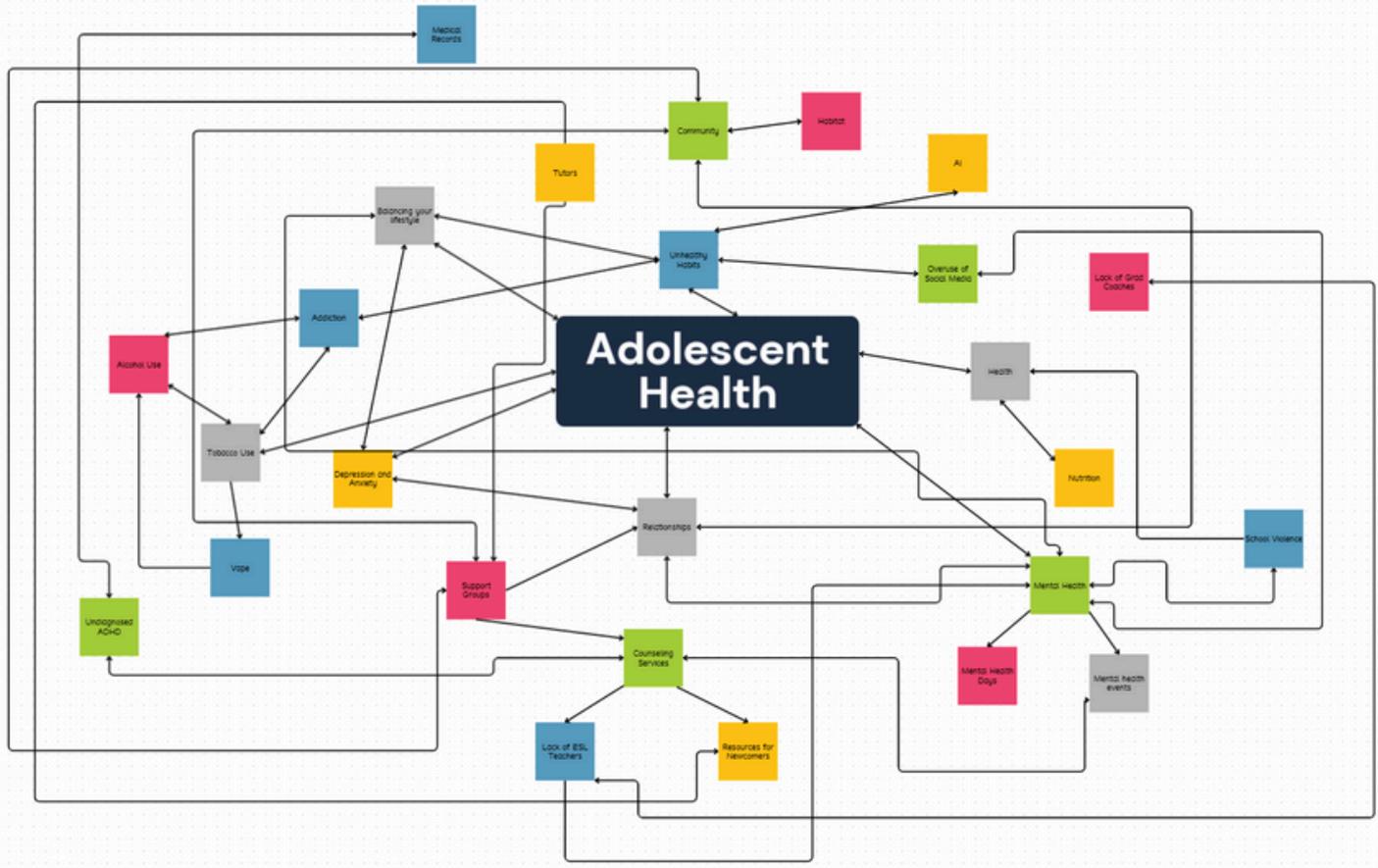
C. Parents/guardians brainstormed needs and solutions to topics relevant to their youth.

We hope you enjoyed this activity! Our goal is for these maps to aid in our monthly discussions throughout the year. We will also have these turned into Rich Pictures that will be shared toward the end of the year.

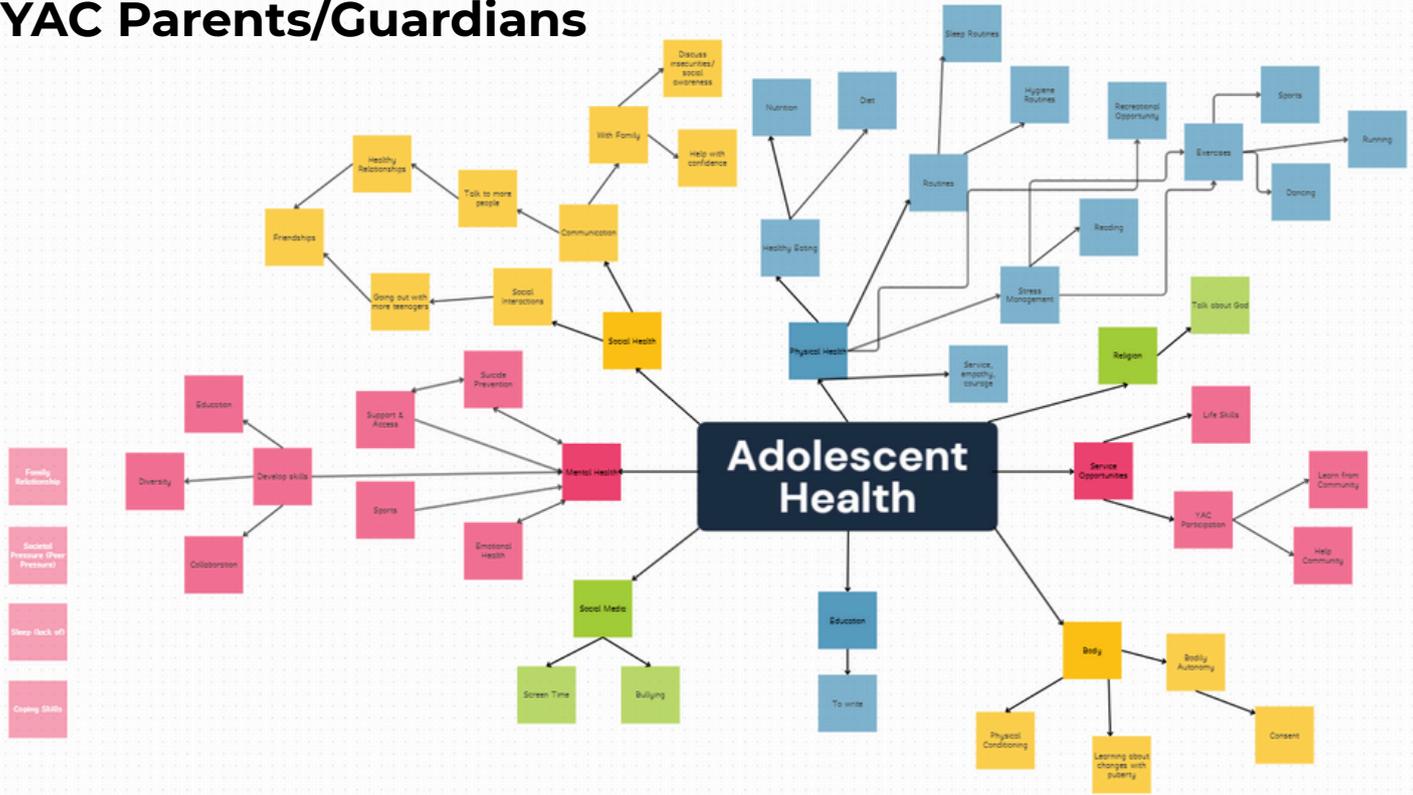
## A. YAC Staff



# B. YAC Members



# C. YAC Parents/Guardians



# WHAT'S TO COME

Next month we will hear from REACH and guest speaker Delton Russell to discuss Tobacco Prevention & Advocacy. More information will be provided in the coming weeks!

## REMINDER

Doors open at 5:45 pm and close at 6:00 pm

If you're going to be late, please let a staff member know  
Be sure to routinely check your email! An RSVP link will be sent out prior to the meeting  
Lastly, you are only allowed to miss two meetings before membership is effected

### Birthday Shoutouts

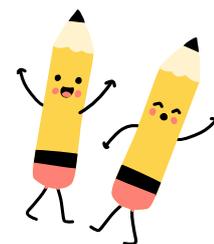
Happy Birthday to our members with August Birthdays!

Claire Kelly  
Genesis Clark  
Lorena Ramirez Zarate



TOPIC	DATE
ORIENTATION	Aug. 20
TOBACCO PREVENTION	Sept. 17
FUTURE ORIENTATION	Oct. 15
ENVIRONMENTAL HEALTH	Nov. 19
ENRICHMENT ACTIVITY	Dec. 10

TOPIC	DATE
SOCIAL AND EMOTIONAL WELLBEING	Jan. 21
REPRODUCTIVE HEALTH + HEALTHY RELATIONSHIPS	Feb. 18
PUBLIC HEALTH POLICY	Mar. 18
HEALTHY LIVING + NUTRITION	Apr. 15
EOY CELEBRATION	May 16



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Monthly Meeting  
Backup/Potential Makeup Day