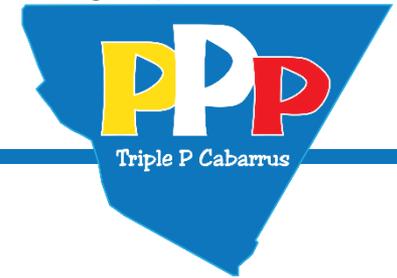


Triple P - Positive Parenting Program

Cabarrus County, North Carolina



3 Things In a Nutshell

- **ASSESSMENT:** Conduct an assessment of the caregiver's concern or behavior problem. In other words, you're able to determine what is most concerning for an expecting or new caregiver or what the child's problematic behavior is in order to discuss appropriate prevention or behavior strategies.
- **STRATEGIES:** Discuss all the available strategies for that concern or problem behavior that are found on a Tip Sheet (even if you don't actually hand out a Tip Sheet). You just have to discuss which ones are available in order for the caregiver to choose what fits their family best. What you *can't* do is simply say... "you should try timeout" or "take a look at this information when you get home." They have to choose the strategy.
- **PLAN:** After hearing the available strategies, the *caregiver chooses* which one they would like to try and when and how that will happen. They can do this verbally and be as simple as "I think we'll try calm clear instructions at dinner time today."

We know that you will not be able to do all the steps taught in the training. However, we received the above guidance from Dr. Sara van Driel, our Triple P implementation consultant

If you did the following 3 things during your visit with a caregiver, whether or not you actually gave out a tip sheet or collected any paperwork, then you can consider it a completed Level 2 case.

