



## Triple P Materials: Primary Care 0-12

\*\*\*Must be accredited in Primary Care 0-12 to be eligible to purchase the following Triple P materials

### Tip sheets (also available in Spanish)

#### *Positive Parenting*

- Being a parent
- Coping with Stress
- Feeling Depressed After the Birth of Your Baby
- Home Safety
- Preparing Your Child for a New Baby
- Supporting Your Partner
- Balancing Work and Family

#### *Infants*

- Crying
- Promoting Development
- Separation Anxiety
- Sleep Patterns

#### *Toddlers*

- Bedtime Problems
- Disobedience I
- Hurting Others
- Independent Eating
- Language
- Sharing
- Tantrums
- Toilet Training
- Wandering
- Whining

#### *Preschoolers*

- Disobedience II
- Fighting and Aggression
- Going Shopping
- Having Visitors
- Interrupting

#### *Preschoolers, continued*

- Mealtime Problems
- Nightmares and Night Terrors
- Separation Problems
- Tidying Up
- Travelling in the Car

#### *Primary Schoolers*

- Bedwetting
- Behavior at School
- Being Bullied
- Chores
- Fears
- Homework
- Lying
- Self-Esteem
- Stealing
- Swearing
- Creativity
- Sport
- ADHD

### Books

Positive Parenting Booklet

Positive Parenting Booklet (Spanish)

### DVD Resources

Every Parent's Survival Guide

Every Parent's Survival Guide (Spanish)

### Other Resources

Five Steps to Positive Parenting Wall Chart